

Take ACTION

to end ABORTION in Charlotte

Pick at least **one per category**. You can change or substitute your choices at any time.
Intentions: *For the end of abortion at the Hebron Road abortion facility in Charlotte.*

PRAY Daily

- Rosary (ideal)
- Divine Mercy Chaplet
- St. Michael Prayer
- Our Fathers, Hail Mary's or Glory Be's
- Other impromptu prayers

SACRIFICE Weekly

- Abstain from meat (especially Fridays)
- Fast for a day
- Skip a meal, dessert, snacks or TV
- Skip social media for 1/2 a day
- Offer up tribulations and sufferings

ACT Monthly

- Attend a Daily Mass
- Practice 1st Saturday Fatima devotions
- Join parish Respect Life Ministry
- Attend Two Hearts Vigil at Cathedral
prolifecharlotte.org/two-hearts
- Pray at abortion facility

Place on your fridge and learn more at: prolifecharlotte.org/end-abortion

Sponsored by St. Mark Respect Life Ministry (respect.life@stmarknc.org) and the Carolina Pro-Life Action Network

